

FREE LUNCH

WITH
“THE LUNCH BUNCH”

A mission project organized by the Federated Church

NO SEATING
CARRY OUT ONLY



Monday – Friday 11:00 a.m. – 1:00 p.m.

- June 2 through July 25
(Closed: June 19th & July 4th)
- Carry-Out Only
- Recreation Hall at 504 West Nicholas Street

ALL ARE WELCOME!!

Sponsored by Carlinville Area Hospital and
Macoupin County Housing Authority

Neighbors



Macoupin County Housing

FROM THE DIRECTOR'S DESK

JULY 2025
VOLUME 30, ISSUE 7



Summer Reminders:

Swing-sets and fire pits are not allowed in the developments. Neither are lawn mowers, and gas cans. That's the word from the Housing Authority's insurance carrier. If these things are seen in the development they will be removed and the resident charged.

Residents may have gas grills but only one propane tank is allowed. Grills must be in good working order and the propane tank properly connected to the grill. Grills should be away from the buildings by at least 10-feet when in use. Allow it to cool before placing it back behind the building. Do not use flammables, such as lighter fluid, when grilling. Do not store lighter fluid on the property. To light charcoal briquettes resident can use newspaper or a “chimney” type lighter. Anyone with questions may contact the office.

The Housing Authority will pay for residents to take the Macoupin County Public Transportation to resident activities, resident meetings, and recertification meetings at the office. Just call and make the arrangements for pick up and let them know you are a public housing resident. This is only for rides to resident activities, like picnics, meetings, etc. We will not pay for rides anywhere else.

Fire works are NOT allowed in the development. This includes sparklers, smoke bombs, etc. They are a fire hazard and our insurance carrier will not allow it. There are plenty of places to see fireworks this 4th of July!

The office will be closed on Friday, July 4th, 2025 to observe
Independence Day.



Have a Safe 4th!

Dionne, CEO

Address:

P.O. Box 226
760 Anderson St. Carlinville, 62626
217-854-8606
Fax: 217-854-8749

Toll Free:

1-866-363-5142

Office Hours:

Monday & Tuesday
8 a.m.- 4:30 p.m.
Closed Wednesdays
Thursday & Friday
8 a.m.—4:30 p.m.

Emergency Work Order
Number:
(217) 827-2100

EMERGENCIES INCLUDE:

- ♦ Gas leaks
- ♦ Broken water pipes
- ♦ Exposed electrical wires
- ♦ No heat (if the outside temperature is 45-degrees or lower)
- ♦ Sewer line stoppage (not drain line) - this includes a clogged toilet
- ♦ CO/Smoke detector beeping or chirping
- ♦ Also fire, flood, or anything that threatens life, safety or property damage

NSPIRE FOR July

47-20 PALMYRA

47-18 BUNKER HILL (HAMILTON; E. PLEASANT; & PUTNAM ST.)

PREVENTIVE MAINTENANCE FOR JULY

Annual Lead Inspections

Inspections may take place on any day of the month between the hours of 8am—4:30pm Monday—Friday.

You do not need to be home for these inspections.

*Q&A (Quality Assurance) inspections may take place on work orders and inspections anywhere from 3-5 days after the inspection/work order happens.

FSS Spotlight

This program is designed to help you reach your goals, whether that be going back to school, or owning a home. All you need to do is fill out the paperwork and work on your goals. We will keep in touch with you via mail, email, or phone, and if you are needing to meet with us, we can arrange that as well. The best part of the program is the escrow account. As your rent goes up because of **earned income** we put a portion into a escrow account for you. In order to receive that money, you must complete the following: *be working, be off cash assistance (TANF, not LINK), and meet your main goal.*

If anyone would like help meeting their goals, please contact Jackie Beasley, FSS Coordinator.

Email: jackie@teamhousingcenter.com Phone #: (217) 854-8606

Salvation Army currently has money for power and water bills.

**They will be available on Tuesday, July 8, 2025
between 2 p.m. –4 p.m.**

**Catholic Charities
525 W. 2nd South Street
Carlinville, Illinois**

**** Bring your most recent bill and Photo I.D. ****



**UTILITY
BILLS**

Name: _____ Date: _____



DIRECTIONS: Find and circle the vocabulary words in the grid. Look for them in all directions including backwards and diagonally.

4TH OF JULY

ADAMS
AMERICA
BARBECUE
COLONIES
CONGRESS
DECLARATION
EQUALITY
FIREWORKS
FOURTH
FREEDOM
HOTDOGS
INDEPENDENCE
JEFFERSON
JULY
LIBERTY
NATION
PARADE
REVOLUTION
RIGHTS

S	R	G	C	Q	G	Z	I	Q	E	Q	B	J	U	L	Y	P	S	L
N	O	I	T	A	R	A	I	C	E	D	X	A	U	M	R	A	A	I
L	U	M	V	D	O	M	E	X	G	L	J	A	L	E	F	R	V	B
C	V	C	X	J	E	F	F	E	R	S	O	N	V	C	G	A	X	E
S	R	L	O	I	N	A	T	I	O	N	U	O	G	I	G	D	X	R
T	W	Y	N	L	X	E	H	V	F	L	L	P	G	O	O	E	J	T
A	Z	S	E	A	O	C	S	V	W	U	S	G	O	D	T	O	H	Y
T	I	M	T	G	N	N	J	K	T	A	R	D	F	F	X	J	A	M
E	H	Q	G	M	W	E	I	I	R	G	W	Y	T	O	O	B	H	O
S	C	I	O	J	P	D	O	E	N	O	H	K	F	U	A	M	R	D
J	O	S	R	B	Q	N	U	V	S	B	W	X	U	R	L	N	B	E
T	N	Q	Y	T	D	E	T	I	N	U	V	E	B	T	R	G	A	E
R	G	Z	E	I	E	P	F	U	T	N	Q	E	R	H	Y	M	H	R
I	R	C	D	O	F	E	J	Z	L	U	C	Z	A	I	E	N	R	F
G	E	B	X	L	A	D	N	X	A	U	G	C	X	R	F	F	U	N
H	S	R	W	W	N	U	L	E	X	V	F	I	T	D	U	H	M	
T	S	N	C	D	P	I	I	O	J	F	V	C	G	E	V	V	H	W
S	S	M	A	D	A	T	B	T	C	W	A	R	K	H	D	K	W	I
G	S	M	H	P	Y	O	G	Z	P	K	X	Y	L	U	R	X	P	P

STATES
THIRTEEN
UNITED



★★★ **NOW ENROLLING** ★★★
2025-2026 SCHOOL YEAR



Illinois Valley Economic Development Corp.
HEAD START
Serving Birth to Five



What is Head Start and Early Head Start?

Head Start and Early Head Start is an early learning program nationally recognized for high quality, family-centered education for children ages 0-5 years old. The goal of Head Start and Early Head Start programs is to promote school readiness in young children of all abilities from families with income below the federal poverty guidelines. Our programs integrate social and intellectual development through the provision of education, health, family, nutrition, and other services.

Head Start programs are offered **FREE** of charge in Calhoun, Greene, Jersey and Macoupin Counties. We offer center based and home based services to children and families.

To enroll your child in a center base location, contact a family advocate at:

217-710-9352
South Macoupin Head Start
217-710-2724
Carlinville Head Start
217-710-9466
Greene County Head Start
217-710-9360
Jersey County or Southwest Macoupin Head Start

To enroll your child in a home base program, contact a family advocate at:

217-710-9352 for Southern Macoupin County
217-710-2724 for Northern Macoupin County
217-710-9466 for Greene County
217-710-9360 for Jersey County
217-710-9759 Calhoun County

What are the BENEFITS of Head Start?

- ★ Children of all abilities are welcome in our program
- ★ Highly qualified staff and classroom ratios meet strict Head Start standards
- ★ Creative Curriculum offers individual expression
- ★ Individualized plans are created to meet each child's needs
- ★ Children are screened to ensure they are on target with their developmental milestones
- ★ A safe environment that allows children to relax, learn and have fun
- ★ If needed, families are referred to school districts for evaluation and treatment services
- ★ Parents receive information, referrals, support and advocacy from compassionate and knowledgeable staff
- ★ Transportation provided via pick-up and drop-off points
- ★ Two nutritious meals are served daily

HOW OFTEN TO
CLEAN EVERYTHING



BATH TOWEL
once a week

Be sure to air them out properly after use.



PURSE/WALLET
every week

Use alcohol free wipes to clean them or machine wash.



BRA
every 2-3 wears

Do not wear the same bra 2 days in a row. Wash them in a machine wash.



JEANS
every 4-5 wears

Everytime you wash jeans, they will shrink slightly. Turn them inside out and wash them in cold water.



WINDOWS
twice a year

Use vinegar to clean your windows. Use a lint free cloth to wipe.



PILLOWS
every 3-6 months

Wash two pillows at a to a time using gently cycle with baking soda.



MATTRESS
every 6 months

Use vacuum to clean the mattress and remove any stains using hydrogen peroxides.



CARPET
twice a year

A quick vacuum should be followed by a full steam clean to suck up all the dirt.



SHEETS
once a week

You can wash it in your machine on the warmest setting.



WASHER/DRYER
every month

Set the machine to its highest level and hottest temperature. Then, use vinegar and baking soda to deep clean



OVEN
every month

Remove the racks and soak in warm water. Spray the interior and door with oven cleaner and wipe clean.



COMPUTER
As needed

consider using a screen cleaning spray or screen cleaning wipes.



TOILER BOWL
twice a week

Use disinfectant spray to clean the exterior and scrub using a toilet cleaner.



WOOD FURNITURE
once a week

Wipe every week and polish them few times a year to avoid drying out.



REFRIGERATOR
once a week

Use vinegar to wipe the inside, as well as the outside



SINK
everyday

spray with disinfectant cleaner

CANDLE SAFETY

A candle that is not properly maintained can get build-up on the wick (mushrooming), causing it to emit dark smoke or soot on the ceiling walls and furniture.

- Keep the wick trimmed to 1/4-inch.
- Never leave wick trimmings, matches or other things that could burn in the candle.
- Never burn candles that have flammable items imbedded in them.
- Burn 1 hour for each inch in diameter at a time. (Example: 4-inches = 4 hours of burning.)
- Never allow flames to touch the side of the container.
- Never burn a candle in a drafty area.

37% of candle fires are the result of candles being left unattended or not properly controlled.



NO SMOKING



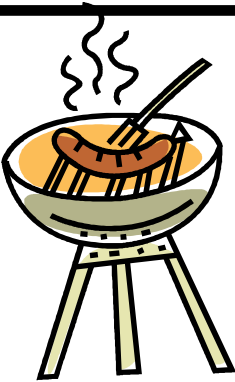
THE MACOUPIN COUNTY HOUSING AUTHORITY (MCHA) IS A SMOKE FREE AGENCY. NO RESIDENT, GUEST, VISITOR, OR OTHER PERSON IS ALLOWED TO USE PROHIBITED TOBACCO PRODUCTS IN ANY BUILDING OR ON ANY GROUNDS OWNED BY MCHA. MCHA IS A SMOKE FREE CAMPUS.

PROHIBITED TOBACCO PRODUCTS ARE DEFINED AS ITEMS THAT INVOLVE THE IGNITION AND BURNING OF TOBACCO LEAVES, SUCH AS, BUT NOT LIMITED TO, CIGARETTES, CIGARS, PIPES, AND WATER PIPES (HOOKAHS), HERBS, AND ANY OTHER LIGHTED SMOKING EQUIPMENT. ALSO PROHIBITED ARE ELECTRONIC NICOTINE DELIVERY SYSTEMS (SUCH AS E-CIGARETTES) AND THE USE OF MARIJUANA, INCLUDING MEDICAL MARIJUANA.

REPEATED VIOLATIONS MAY RESULT IN TERMINATION OF THE RESIDENT’S LEASE.

FOR TOBACCO CESSATION SERVICES, PLEASE CALL 1-800–QUIT-NOW OR THE ILLINOIS TOBACCO QUITLINE 1-800-QUIT-YES OR CONTACT THE MACOUPIN COUNTY HEALTH DEPARTMENT @ 217-854-3223. THE STATE OF ILLINOIS ALSO HAS A WEBSITE AT WWW.SMOKE-FREE.ILLINOIS.GOV.

TIPS FOR SAFE GRILLING



1. Clean the grill surface before cooking.
2. Have the grill hot before cooking. (Pre-heat gas grill. Charcoals should be grayish-white.)
3. Thaw and marinate food in the refrigerator.
4. Grill food thoroughly. Use a food thermometer to be sure meat is fully cooked.
5. Don’t let juices from uncooked meat come into contact with cooked meat or ready-to-eat food.
6. Serve hot grilled food immediately.
7. Store leftovers in the refrigerator or freezer within two hours of taking food off the grill. In hot weather (90-degrees and above), food should never be left out for more than one hour.
8. Marinades used on raw meat, poultry, fish and seafood should not be tasted or reused on cooked foods.

DIRTY FILTERS

While conducting NSPIRE Inspections the past several months, it was noted that quite a few furnace filters are very dirty. It is the tenant’s responsibility to change out their furnace filters. It is recommended to replace your furnace filter every 60-90 days depending on the furnace filter you purchase. A dirty furnace filter can lead to reduced airflow, increased energy consumption, and potential damage to the furnace. If the furnace is damaged due to a dirty filter, the repair/replacement of the furnace will be at the expense of the resident.

If you are not able to replace your furnace filter on your own, if you provide it, we will install it at no cost to you!

