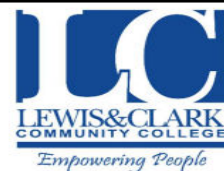


Meet the Staff

hello

Amanda Kluthe is the newest member of the MCHA staff as our Office Support Specialist. When calling in, Amanda is the one who will likely be answering your call. Amanda's favorite part about her job is talking with the residents and meeting new people. She is taking training classes so she can help residents even more. Amanda is a huge St. Louis Blues hockey fan and loves to go to games whenever she can.



Carlinville Adult Education (GED) Classes

*Is it your goal to go to college?
To get a better job?
We can help!*

Ages 16 and over are welcome to attend.
(If you are 16 or 17, you must bring in a withdrawal form from your school.)

For more information about GED classes:

www.roe40.com

Carlinville, Staunton & White Hall:
217-854-4016

Jerseyville: 618-498-5541



Margaret Odorizzi

is the winner of the \$50 Walmart gift card for March UPCS inspections!

Carlinville 47-02 (All of Nicholas, all of Anderson & even # units of DeArbee Dr.)

April is your chance!



Empowering individuals by providing comprehensive care and advocating for recovery in order to help them live a productive life based on inner-strength, hope, resiliency, and self-worth.

SERVICES INCLUDE:

- ~ Medication Assisted Treatment/Recovery
- ~ Weekly access to a Care Team
- ~ Individual therapy
- ~ Group therapy
- ~ Case Management

TREATMENT FOR:

- ~ Substance Use Disorder
- ~ Depression & Anxiety
- ~ PTSD / OCD / ADD / ADHD
- ~ Bi-polar disorder
- ~ Schizophrenia
- ~ Eating disorders

BEHAVIORAL CARE PROVIDERS ON STAFF

St. Francis Way Clinic



Health & Wellness Center

805 St. Francis Way ~ Litchfield ~ 217-250-2380
118 W. Chestnut St. ~ Gillespie ~ 217-839-7200



FROM THE DIRECTOR'S DESK

Happy Spring!

A few reminders as we head into warmer weather:

- Mowing will begin soon. Make sure toys, clothing, trash, furniture, and other items are not in the yard for the mowers to run over.
- If you have flowers, have them walled off so the mowers don't go over them.
- Grills can be used in the development but they must be at least 10 feet away from the building. NO GAS CANS.
- Children need to play in their own yards.

Reporting a Change in Household Income & Composition:

In order to make proper rent adjustments, it is necessary that Management be notified immediately of any changes in your household income or composition. This should be reported within 10 days of the change. This information is vital to Management so they can adjust rent in a manner fair to all concerned. FAILURE TO REPORT INCOME COULD RESULT IN BACK RENT BEING OWED.

To report, call the office at 217-854-8606 or email staff@teamhousingcenter.com

The office will be closed Friday, April 15, 2022 for Good Friday.



Stay Safe!

Dionne, CEO

Address:

P.O. Box 226

760 Anderson St.

Carlinville, IL 62626

(217) 854-8606

Fax: (217) 854-8749

Toll Free:

1-866-363-5142

Office Hours:

Monday & Tuesday

8am—4:30pm

CLOSED WEDNESDAY

Thursday & Friday

8am—4:30pm

Emergency Work

Order Number:

(217) 827-2100

EMERGENCIES
INCLUDE:

- ♦ Gas leaks
- ♦ Broken water pipes
- ♦ Exposed electrical wires
- ♦ No heat (if the outside temperature is 45-degrees or lower)
- ♦ Sewer line stoppage (not drain line)- this includes a clogged toilet
- ♦ CO/Smoke detector beeping or chirping

Also fire, flood, or anything that threatens life, safety or property damage.

UPCS FOR APRIL

Carlinville 47-02 - This includes units on Nicholas (505-507 & 450-472) and all of Anderson

Preventative Maintenance for APRIL

Gillespie 47-17 - Lynn Street

All Nite Lights and Manholes throughout the County

****INSPECTIONS MAY TAKE PLACE ON ANY DAY OF THE MONTH BETWEEN THE HOURS OF***

8:00 A.M.-4:30 P.M. - MONDAY-FRIDAY

SPECIFIC DAYS AND TIMES WILL NOT BE GIVEN.

April Spotlight: ROSS Program

What is ROSS? A program that links residents with supportive services, allowing residents to maintain self-sufficiency in their own home.

What type of services can ROSS help with? A ROSS coordinator can assist you with services like: meals, transportation, health care and homemaking.

How can ROSS help the elderly? A ROSS coordinator can help facilitate with elder-care services.

How can ROSS help families? By offering employment strategies (job counseling, training, placement, help with child care); even help with health care, transportation and food provisions.

Who qualifies for the ROSS program? Anyone! If you have questions or need help, contact Amanda B.

April MCPT Group Trips	Macoupin County Public Transportation Dispatch Hours:
Wednesday, April 6th: Josephine’s Tea Room, 1904 General Store, & Alton Shopping	Monday –Friday: 7am-7pm
Thursday, April 14th: Urban Farmhouse, Highland & Pink Elephant Antique Mall, Livingston	Saturday: Limited hours, 7am-1pm
Wednesday, April 27th: Lumiere Place Casi-	Out of county hours: currently restricted to M-F, 8am-4pm (medical trips only, limited areas of service and availability)



Macoupin County Public Transportation
112 S. Macoupin St. Gillespie, IL 62033
Call 217-839-4132 to reserve your seat



Is there trash on your floor? Does the inside of your refrigerator/freezer have food stuck on? Has it been a while since you’ve mopped your bathroom floor? If you answered yes to any of these questions, it’s time for some spring cleaning! The pictures above are examples of housekeeping violations. **ALL** trash needs to be disposed of in a trash can. **NO EXCEPTIONS.** The inside of your fridge and freezer should be wiped out regularly. Bathroom floors should be mopped weekly.

Easy Tips to Save Money on Groceries

With the price of groceries going up recently, here are some good tips to help save money at the grocery store!

- Budget First:** Before you shop, set a budget. What can you spend per week, per month?
- Meal Plan:** Sit down and plan what you’re going to have for your meals before going to the store. This helps stay within your budget by only buying the groceries you need.
- Shop Your Pantry, Fridge, & Freezer:** As you’re making your menu and list, go through your pantry and fridge and see what you already have. Maybe you can make a meal with stuff already at home. Then you aren’t buying what you already have.
- Clip & Click for Coupons:** Most stores offer a rewards program when shopping; use your “points” toward your groceries or household necessities. Check online, newspapers, and store apps for coupons to save some cash.
- Shop the Sales:** Watch store ads for what is going to be on sale that week. Is hamburger on sale? Buy extra to freeze. Stock up on pantry staples if they’re on sale that week, too.
- Go Generic:** Store brands tend to be just about the same as name brand items but are usually quite a bit cheaper.
- Stick to Your List:** Only getting the things you NEED saves you from buying too much. Sometimes easier said than done!
- Eat Before You Shop:** Don’t go to the store hungry! You’ll end up getting stuff you don’t really need.



Thank you to all of the kids who entered the March coloring contest! The winner is....

Donte Hernandez

Donte won a bucket of art supplies!

Happy National Crayon Day!